

Newsletter
October 2020

Residential Manager and Sales Office
302-677-0800



COMMUNITY YARD SALE
Friday, October 2 and
Saturday, October 3
8 am to 1 pm

****REMINDER FOR THIS WEEKEND****
Southern Meadow will be having its Fall Community Yard Sale the first weekend in October. Please join us! It's a great opportunity to get rid of things that you don't need or want anymore and make a few bucks doing it.

MASKS ARE REQUIRED

We will be advertising in the newspaper and on the Nextdoor Digest. If you know any other places to advertise please feel free to do so. The more people advertise the better! Here are the details to advertise:

Southern Meadows Fall Community Yard Sale Lexington Mill Rd. Magnolia. (2nd left off Irish Hill Rd) Friday and Saturday October 2nd and 3rd 8 am to 1 pm **MASKS ARE REQUIRED**
POC Myrle Scott (302) 751-1033 and Linda Synden ((302) 335-8668



UPDATE ON CLUBHOUSE ACCESS

Marisol has advised that the clubhouse will be open every Tuesday at 1 pm (beginning October 6th) exclusively for picking up or exchanging books.

PLEASE WEAR A MASK

All other areas in the clubhouse are not to be used.

♪ **GREAT SUCCESS!!** ♪

The Evening of Music on September 15th was well received and well attended (60 people). Mid Del Sax Quartet did a great job of playing various genres of music. We collected \$50 more than the band's fee, so it was put in the Clubhouse fund.

YARD WASTE PICK UP

Yard waste will continue to be picked up on the last Thursday of the month until the summer season is over.

LISTING OF LOCAL SERVICES

Sharon Cowart has compiled a list of local services such as hairdressers, primary care

physicians, hospitals, specialists, dentists, veterinary clinics, etc. If you would like a copy, email Sharon.cowart@comcast.net and she will drop one in your mailbox or leave it on your front porch. I found this list very helpful when I was new to Southern Meadow.

PHOTOGRAPHY CORNER CAPTION CONTEST

We received two captions for this picture and since they are both very clever, we are sharing both of them.



From Helen Durkin:

Oops! Someone missed a spot to plant something!

From PJ McGill:

Are you expecting to grow a “full place setting”?

Thanks to PJ McGill for this picture of Fred Ainge’s frog trio. Hopefully, the weather is still warm enough for them to pose for pictures. If you go to see them, be sure to wear a mask and practice social distancing.



Thanks to Dee Panzig for this picture of an Osprey landing on his nest (partially hidden by the owl decoy) at the Woodland Beach Boat Ramp. Mr. Dee manages to get the most beautiful nature photos!



SOUTHERN MEADOW RESIDENTS WELLNESS CHECK-IN PROGRAM

The **Southern Meadow Residents Wellness Check-in Program** is now fully operational and will regularly check on residents. Each street has one or more captains who call to check on residents twice a week. So far, residents in 41 houses have joined this program!

If you want to be on the call list, please contact Nancy Dingler at rcapedream@gmail.com, (302) 751-1202 or (610) 301-8620.

CLOTHING DONATIONS NEEDED VETERANS AT THE WILMINGTON VA

The Wilmington VA needs clothing for Veterans who present to the Emergency Room and GI clinics. As some Veterans may have issues with bed bugs or lice, the new clothing allows the medical staff to get them to the shower and give them fresh clothes before discharge. Sweatshirts and sweatpants in XL XXL, XXXL would be helpful in those efforts.

Please bring your donation to Dee Panzig and he will take the donations to the VA.

THIS SMARTPHONE FEATURE COULD SAVE YOUR LIFE

When an unresponsive patient arrives at the emergency room, doctors don't know the person's name, next of kin, or medical history. The person's phone – which could provide at least some of the information – is password protected.

But there's a simple solution, and it's woefully underused. It's called **MEDICAL ID**, and it's a free smartphone feature (or app, depending on the phone) that allows first responders to access your emergency contacts and medical information without having your password. Hospitals use this whenever possible because all they have to do is tap EMERGENCY (or IN CASE OF EMERGENCY) on your phone's locked home screen or on the screen that asks for your password.

IF YOU USE AN iPhone:

Locate the built-in Health app (it's the one with the pink heart on a white background). Tap MEDICAL ID and fill in your information. If you have no allergies and take no medications, enter "none" so first responders won't wonder whether you skipped the question. Then tap DONE.

IF YOU USE AN ANDROID:

Some phones may come with their own Medical ID feature; check your user manual. If yours doesn't, download the free Medical ID app. (The icon has a bright red star on a white background.) Open the app, and you'll see a profile for "John Doe." Tap EDIT and answer each question. When you're done, tap the CHECKMARK.

(Disclosure: This info was taken from Reader's Digest and has not been tested. I can't answer any questions about it.)

Baseball Pool in October

If there is a World Series, Don Z will run a Baseball pool in Oct. Tickets on sale after

series teams announced and before first pitch.

Criteria are:

1. \$3 per ticket--no limit on purchases
2. Pick winning team, and
3. # of total runs scored in series without going over
(Game 1, A scores 5 runs & B scores 3 runs, so far total is 8). If everyone is over, closest three are winners.

- Winner gets 50% of pot: split if multiple winners or closest
- 2nd place gets 30% of pot: split if multiple winners, correct team and miss runs by 1 or closest
- 3rd place gets 20% of pot: split if multiple winners, correct team and miss runs by 2 or closest.

POC Don Zalenski (302) 751-1440

A BIG THANK YOU FROM JOHNNY'S ANGELS 2020 FUNDRAISING

Johnny's Angels and The Walk to End Alzheimer's has come to an end. I want to thank everyone who generously donated in 2020 to help find a cure for Alzheimer's. I have exceeded my goal! Together, my family, friends and neighbors have raised \$1425.00....Way to go everyone!!!!!!

This year due to the pandemic it was challenging. I missed having the dine out fundraisers. Coming together to share a meal to support this worthy cause is something that I really looked forward to every year. Hopefully next year we can get back to them.

I can never say this enough. I appreciate each one of you from the bottom of my heart.

Your very blessed, grateful friend and neighbor,

Johnny's Angels Team Captain,
Linda Synden

BIBLE STUDY

The Bible Study group meets at 10:30 am on Tuesdays. We are reading Max Lucado's book "Facing Your Giants." Call Agnes for the location. POC Agnes Case (302) 272-8899

HORSESHOES

Since this is an outdoor event, horseshoes will be played at 5 pm on Wednesdays in October. We will maintain social distancing.

USO DELAWARE

Hello everyone. Hope all our residents are safely making it through this pandemic nightmare! Finally some good news to share about the USO. Volunteers will be back at the Center starting October 1 and working three three-hour shifts per day. The Center will be closed and cleaned between shifts. All precautions are being taken to safeguard everyone's health and a mask will be required to get into the USO. Active, reserve, and retired military will be able to access the USO and get snacks and drinks. All our volunteers will be happy to see visitors so, if you can, please stop by to say hello and thanks to our volunteers.

Redner's receipts are still being collected. I have a plastic shoe box on my porch at 125 Bluebell so you can place them in there. Thanks to those who have put their receipts in during the pandemic.

It's been a tough year for all non-profits as donations have been reduced during this time. If you would like to contribute to the USO Delaware, you can mail a check (made payable to USO Delaware) to USO Delaware, 500 Purple Heart Way, Dover AFB, DE 19902 or donate online using a credit card at

<https://www.uso.org/donate/delaware/?sc=WCENDELAWR>.

Thanks for your help! If you have any questions, feel free to contact me, and I'll do

my best to answer or have a USO employee respond to your question. Stay safe!!!

Helen D



OCTOBER BIRTHDAYS

- 3 – Judi Rantala
- 4 – Bill Drobish
- 5 – Barbara Burns
- 6 – Larry Lewis
- 12 – Willie Lampa
- 12 – Jonalyn Chagaris
- 15 – Roberta Hinchcliff
- 17 – Barbara Stuff
- 18 – Paul Zimmerman
- 20 – Jim Harris
- 23 – Bob Reuter
- 24 – Ron Mason
- 27 – Jody Biggin
- 29 – Bill Stephens

Living in Retirement Fall Day Trips By Larry Koch

Fall is a best time to explore Delmarva! The weather is cooler and the tourists and traffic jams for the most part are gone. This article is based on the assumption that you might want to get out after spending a summer in COVID house arrest. Also, fall might be a time when you still have visitors, old or young, family or friends, that you'd like to entertain. A leisurely drive, something to see or do, and a unique and memorable eatery might all make sense before we get overwhelmed by winter and the holidays.

We have been through a lot. Slowly, gradually restrictions are being lifted. None of the following locations are new or exotic, and none should take more than an hour to get there. For addresses, routes and special programs check the website on the internet. Sometimes you need

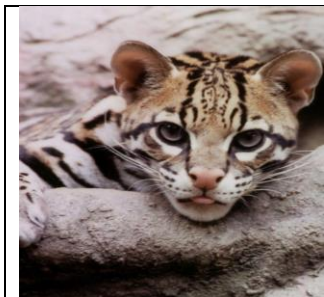
reservations, and there can be last minute, virus-related changes in schedules.

In addition, to be safe you need to call ahead. When you call, check about “happenings.” Some of these communities have special programs in the early fall, as they try to continue to attract their fair share of the diminishing tourist dollars.

In any case, even if you have visited some of the following, maybe you will get new ideas or insights from this article, and if you are one of our new neighbors, welcome and - before the weather gets cold- get to know some of the wonders of our region.

Salisbury –Especially Recommended for families with visiting grandchildren.

Salisbury, Maryland has one of the last free zoos in America. It specializes in the Americas and Australia. You can easily see it all in one visit, which is good for little ones. Salisbury also boasts a “Golden Corral” all-you-can-eat buffet restaurant; which kids will love and won’t disappoint their grandparents. It is October, and your visitors might want to visit the haunted mansion at 13 Poplar Hill in Salisbury on Sunday, when admission is free (go to website and call ahead!).



Ocelot at the Salisbury Zoo

Odessa – Especially for A Nostalgic Christmas Treat

Odessa reminds me of many northern Maine coastal communities in which sea captains built beautiful mansions reflecting a wealthy bygone era. Later in October Odessa will soon be decorated for the holidays, and Christmas happenings will start to be scheduled. Start your visit at the historic Odessa Foundation, visit the Corbitt House and the Friends Meeting House, a station on the underground railway. Go to Cantwell’s Tavern, serving colonial fare for

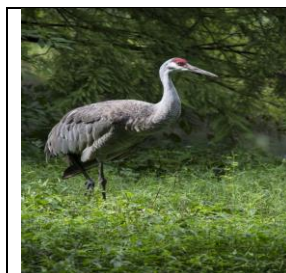
lunch or supper, to cap off your visit back to early American history.



Cantwell’s Tavern, Odessa

Smyrna- Especially for Nature Lovers

Bombay Hook is a wonderful nature preserve near Smyrna. October is an important month there for viewing avocets and varied migrating ducks, as well as birds of prey and other species. There are a number of trails, some of which are handicap accessible. Bring your binoculars and cameras, and end your visit to Smyrna at the Trevi Ristorante, which specializes in Italian seafood specialties.



Sandhill Crane, Bombay Hook

Rehoboth- Especially for Adults

It is fall at the beach; the bustle is lessened and the meters are gone. It is still warm enough to sit on the beach or enjoy a stroll on the boardwalk. Consider ending your visit at Semra’s Mediterranean Grill. While the restaurant is officially “Turkish”- Greeks, Arabs, and Israelis will all feel at home with the menu, which includes gyros, souvlaki, baba ghanoush and more. If you are up to it, Semra’s Mediterranean Grill, to sum up, offers a new cuisine for those willing to try something different. Go Fish and Nicola Pizza in the Lewes/Rehoboth area offer wonderful fare for those less adventurous.

